

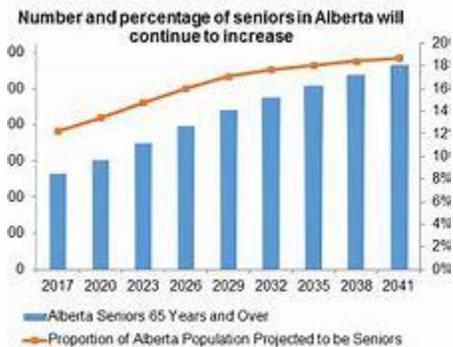


PEACE OF MIND

There are many situations that disturb our peace of mind. It is not fair to have to deal with them, but we have come to expect them as part of life. When you are gone from home for an extended period of time, there is a nagging in the back of your mind as you wonder if the person you hired is shoveling the snow or mowing the lawn, the newspaper is blowing all over the neighborhood announcing that there is no one home at this house? Then there are those unexpected expenses that come at just the wrong time.

It was Christmas and the oven in our stove quit working. We were shocked at what a new one would cost. If we got new appliances and upgraded from white to stainless steel, that would be a significant investment! We had both just retired and on a fixed income that would be quite a hit, unsettling for sure.

It is more unsettling to look farther down the road when we may eventually need more care and are unable to live independently. There is a shortage of spaces available for supportive living that is only going to get worse as the baby boom population continues to age. According to the Alberta Census Division, it is estimated that the senior population in Alberta will double and grow from the 580,000 it was in 2019 to over one million in 2035. That is less than 15 years away. Plus, there will be an increased demand on care facilities in the Edmonton-Calgary corridor with 80% of our population living here by 2046. What that means is that there is a real possibility that when you or I need more care, there will be no beds available in central Alberta and we will have no choice but to be placed in another community where we have not built relationships. We will be very susceptible to loneliness, discouragement, and depression, which is quite common among the aging population. If that is not a cause for concern, I do not know what is.



At Charis Village, we want you to have peace of mind and not have to worry or even think about these potential situations that could disrupt your life and ability to thrive in your senior years. We know you look forward continuing to live a very active lifestyle. You look forward to extensive travel to visit family, friends or to enjoy the beauty of this country, that work has prevented you from doing. You have saved up and are ready to go. At Charis Village, we will take care of the snow removal in the winter and the landscaping needs all summer long. You can be away and know it is all taken care of and will look great when you return. We also eliminate those unexpected expenses. All maintenance expenses are taken care of by Charis Village. When that pump begins to squeal on the washing machine, just let us know. We will repair it or replace it at no cost to you. We can help you determine what your monthly costs will be, and you can be assured those unexpected costs are a thing of the past. Wow talk about piece of mind!

Charis has a long-range plan that will include supportive living and long-term care facilities. Our commitment to you as a resident of Charis Village is that, once we are fully functional, you will never be displaced to another community for care. You can relax with peace of mind and build a caring community here, knowing you can support your friends through the remainder of their lives, and they will do the same for you. A caring community is incredibly important and according to the studies it has become the number one predictor of longevity.

One more thing that adds to your peace of mind. You might not be ready to transition to Chinook Villa and want to stay living where you are now for a few more years. The question is, what will be available when you do decide to transition? Those beautiful corner units and the ones with the best views will

probably be taken. So, you can prevent that by leasing the one that will suit you best now and rent it out to someone until you are ready to transition. That way you will have complete peace of mind knowing you have the place of your choice when you need it. You can be a part of Charis Village which will ensure you a place for increased care, when necessary, have a caring community to thrive in and eliminate those unexpected expenses that disrupt our lives. Join us at Charis Village, where you can thrive as you age with grace and enjoy peace of mind, which is invaluable.